



Active Parenting - First Five Years

Target audience – parents of children birth to 6

Your child’s first few years are so important! Learn how to make the most of them with Active Parenting: First Five Years, a program for parents, professionals and other caregivers. Written by parenting expert (and dad) Dr. Michael Popkin, this course will show you how to nurture your child with a “just right” combination of freedom and nonviolent discipline. Help your kids start strong!

SESSION I – You and Your Child: Styles of parenting, ages and stages of development, building a bond with your child, the method of choice.

SESSION II – Preventing Problems: Your child’s beautiful brain, using nonviolent discipline, the “A-C-T” of parenting.

SESSION III – Encouraging Positive Behavior: The power of encouragement, choices and consequences, caring for the caregiver.

SESSION IV – Preparing for School Success: 6 smart things parents can do to help young children get ready for school.

Participants will receive a Free Parent’s Guide (supplies may be limited, one per family please).

This is a
FREE
parent
Education
Event!

Dates 2020:	January 22, 29 and February 5, 12
Hours:	6:00 p.m - 8:00 p.m.
Location:	Stephen Foster Elementary 3471 SW 22 nd Street, Fort Lauderdale 33312

Call Carol Beitler, FDLRS Program Specialist at 754.321.3400 or email carol.beitler@browardschools.com for any questions!
(no registration required)

Individuals with disabilities requesting accommodations under the Americans with Disabilities Act Amendments Act of 2008, (ADAAA) may call Equal Educational Opportunities/ADA Compliance Department at 754.321.2150 or Teletype Machine (TTY) 754.321.2158

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